



The Avenue School Sports Premium report

July 2026

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What is the Sports Premium?

The government is providing additional funding to improve provision of physical education and sport in primary schools. Schools receive PE and sport premium funding based on the number of pupils in years 1 to 6. This funding - provided jointly by the Departments for Education, Health and Culture, Media and Sport - will be allocated to primary school Headteachers and is ring-fenced and therefore can only be spent on provision of PE and sport in schools.

What is the purpose of the funding?

In the Academic Year 2025-2026 The Avenue School received £16,520. The PE and Sport Premium grant was used to enhance current provision of PE equipment and enrichment experiences to support our pupils to access a wider variety of sports activities to improve mental health and introduce pupils to new skills and interests to improve their overall fitness. We ensure staff develop skills to ensure all opportunities to take part in sports and fitness are maximised at every opportunity throughout the school day.

In 2023/24 The Avenue School received

£16,520

Key achievements 2024/25			
Activity/ Action	Cost	Impact	Comments/ further impacts
<u>Swimming CPD</u> Spending has been targeted on providing opportunities in swimming for pupils with SEND. Including: Promoting access to both a training swimming pool at a local school (Swimtank) as well as a standard swimming pool at a Local Sports Centre.	£6200	Increased Staff Confidence & Competence • Staff become more skilled in delivering inclusive swimming instruction. • Better understanding of adapting activities for different SEND needs. • Staff more confident in supporting young people to access the community. • Structured swimming tuition supports water safety and stroke development.	• Pupils with SEND receive higher-quality feedback and support. • Reduced anxiety for both staff and pupils in aquatic settings. • Higher participation and willingness to try new challenges. • Transferable safety skills beyond swimming lessons.

		Improved Safety and Risk Management • Staff trained in water safety, and safe supervision practices. Better Progress in Swimming Ability • More informed teaching = structured skill progression. Increased Engagement and Motivation • Skilled staff deliver sessions that are enjoyable and confidence-boosting. • Swimming sessions support listening skills and following instructions. Improved Water Confidence and Safety Awareness • Pupils learn coping strategies and understand water risks better.	
<u>Further CPD</u> Upskilling staff in the safe use of all resources. Working with a consultant to consider the best ways to support and encourage the young people to work safely and effectively.	£350	Increased Engagement in Play • Staff confidently introduce and model use of equipment. Improved Social Interaction • Structured equipment-based games encourage turn-taking, sharing and cooperative play.	• More pupils actively participating rather than remaining passive or isolated. • Increased peer interaction and reduced social isolation. • Better coordination, balance and spatial awareness. • Reduction in anxiety, frustration and playtime-related incidents. • Greater willingness to try new activities.

		Development of Physical Skills - Improved gross and fine motor skills through purposeful use of equipment (e.g. balls, scooters, balance tools). Enhanced Regulation and Emotional Wellbeing - Sensory and movement-based equipment supports self-regulation. Increased Confidence and Independence - Pupils learn how to access and use equipment safely. - Pupils are confident in using the gym and staff feel confident in supporting the students when using the equipment.	- Calmer, more structured playground environment. - Equipment used effectively rather than underutilised. - Staff able to train others and embed good practice long-term. - Young people engaged in age appropriate, life long physical activities – using the gym.	
Activity/ Action	Cost	Impact	Comments/ further developments	
Top up swimming lessons Spending has been targeted on providing swimming lessons for all primary pupils on rotation. All pupils have required additional assistance due to their SEND needs.	£1400	Improved skill progression - Deeper water allows teaching of a wider range of strokes and confidence in varied depths. - More realistic aquatic experiences that mirror real-world swimming environments. Enhanced confidence and competence	% of pupils in Year 6 cohort who can swim competently, confidently and proficiently, over a distance of 25 metres.	0%
			% of pupils in Year 6 who can use a range of strokes effectively.	0%
			% of pupils who can perform safe self-rescue in different water-based situations.	0%

		- Pupils with SEND often benefit from varied sensory and movement challenges; deeper water can build resilience and self-efficacy. Better safety awareness - Exposure to different depths teaches water safety skills beyond shallow end comfort zones. Inclusive, differentiated learning - More space and depth enable tailored support (e.g., buoyancy equipment, small group ratios) for varied needs. Greater engagement and motivation - Change of environment and new challenges can increase enthusiasm and participation.		
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<u>Equipment and resources</u> Spending has been targeted on ensuring a range of resources available in taught PE lessons/ playground and classrooms to promote access as well as the development of interest as a leisure activity and particular skill development.	£2400	Increased Participation - Adapted and accessible equipment enables more pupils to take part fully. Improved Physical Development - Supports development of gross and fine motor skills. - Enhances balance, coordination, strength and spatial awareness. Greater Engagement and Motivation - New and varied resources increase interest and enthusiasm. Enhanced Confidence and Self-Esteem - Pupils experience success through appropriately matched equipment. Improved Inclusion - Enables differentiated activities so all pupils can access the same lesson theme. Better Sensory Regulation - Sensory-friendly equipment (e.g. weighted balls, textured resources) supports regulation.	- Reduces barriers linked to physical, sensory or cognitive needs. - Encourages sustained participation in physical activity. - Builds resilience and willingness to try new activities. - Promotes equity and reduces feelings of exclusion. - Helps pupils remain calm and focused during lessons.
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<u>Coaching staff</u> Spending has been targeted on external coaches in yoga and dance to improve engagement and provide CPD to classroom staff to enable transferring of skills from taught lessons to becoming an engaging and enjoyable leisure activity for pupils.	£5600	Improved Physical Development • Yoga enhances core stability and posture; dance develops rhythm and movement control. Enhanced Emotional Regulation and Wellbeing • Yoga supports self-regulation, breathing techniques and anxiety reduction. • Dance and yoga provide positive outlets for energy and emotion. Greater Confidence and Self-Esteem • Pupils experience success in structured, well-supported sessions. Improved Social Skills • Group dance and yoga promote turn-taking, mirroring and cooperation. •	• Specialist instruction improves balance, coordination, strength and flexibility. • Improved mood and reduced stress levels. • Builds resilience and willingness to try new physical challenges.
<u>Competition – Sports Day</u>	£370	Increased Confidence and Self-Esteem • Experiencing success, participation and achievement builds self-belief. Improved Resilience	• Learning to win and lose appropriately develops emotional maturity. • Recognition (certificates, medals, praise) reinforces positive identity. • Builds responsibility and self-reliance.

		- Encourages perseverance and coping strategies. Greater Independence - Pupils manage routines and prepare for events. Enhanced Teamwork and Cooperation - Develops communication, turn-taking and shared goal setting. Positive School Culture - Celebrating participation promotes inclusion and diversity.	
<u>Active Travel</u> The Avenue has sought to promote active travel because it increases daily physical activity levels, improves fitness and wellbeing, and supports healthy lifestyles beyond PE lessons by helping pupils develop lifelong active habits while also contributing to improved concentration, mental health, and overall engagement in school life.	£200	- Increase physical activity levels for SEND pupils who may otherwise be less active. - Improve motor skills, coordination and physical development through adapted travel activities. - Build confidence and independence in travelling safely.	- Improve mental wellbeing and self-esteem. - Encourage development of lifelong healthy habits.
Total cost	£16,520		

