



## Monday

## Tuesday

## Wednesday (Vegetarian day)

## Thursday

## Friday

Chicken Sausage  
with Cream Mash  
potatoes

Mexican chilli  
con carne with  
Rice

Cheese and tomato  
Pizza with pasta  
Salad

Beef stir fry  
noodles

battered fish finger  
with Oven chips

Vegetable  
Quorn Sausage  
Onion Gravy

Veggie  
chilli con carne

Vegetable  
mozzarella pasta  
bake

Cauliflower Tacos  
with salad

Keralan Spinach  
and feta Cheese  
Tart

Seasonal  
Vegetables

Seasonal  
Vegetables

Seasonal  
Vegetables

Seasonal  
Vegetables

Seasonal  
Vegetables



## Daily salads selection all week



Strawberry jelly

Homemade  
Cookies

Fresh fruit salad

Sticky toffee  
pudding

Peaches And  
custard

Fresh fruit

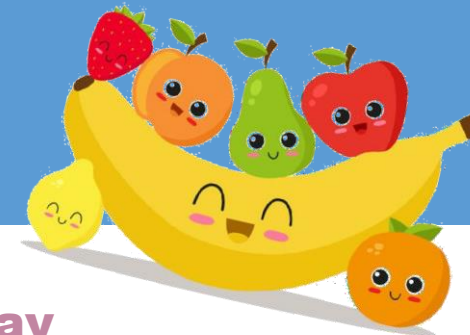
Fresh fruit

Fresh fruit

Fresh fruit

Fresh fruit





## Monday

## Tuesday

## Wednesday

(Vegetarian day)

## Thursday

## Friday

Masala Chicken  
Curry with Pilau  
Rice

Beef Casserole  
with Creamy  
Mash

Chefs Choice of  
Pasta

Jerk Chicken with  
Caribbean Rice  
and peas

Fish Cake with Oven  
Chips

Cauliflower and  
Chickpeas Curry  
with Nan Bread

Macaroni cheese

Roasted  
butternut squash  
Couscous Salad

sweet potatoes  
with wholemeal  
fried rice

Home made  
Cheese and Onion  
Slice

Seasonal  
Vegetables

Seasonal  
Vegetables

Seasonal  
Vegetables

Seasonal  
Vegetables

Seasonal  
Vegetables



## Daily salads selection all week

Cinnamon and  
Apricot Yoghurt

Chocolate orange  
cake

Fresh fruit salad

Flapjack

Chefs Choice

Fresh fruit

Fresh fruit

Fresh fruit

Fresh fruit

Fresh fruit





## Monday

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(Vegetarian day)

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## Friday



Spaghetti bolognaise
Quiche of the Day
Seasonal Vegetables

Roast Chicken with Roasted Potatoes
Baked Vegetables Pasta
Seasonal Vegetables

Vegetables Casserole with Bulgur Salad
Mediterranean Falafel with Bean Wrap
Seasonal Vegetables

Beef Tagine with Couscous Royal
Sweet Potatoes with Pumpkin Tagine
Seasonal Vegetables

Crispy Battered Fish Fingers Oven Chips
Chefs Choice
Seasonal Vegetables



### Daily salads selection all week

Carrot Cake
Fresh fruit

Strawberry Jelly
Fresh fruit

Fresh fruit salad
Fresh fruit

Shortbread
Fresh fruit

Mixed Berry yoghurt
Fresh fruit

