



## Monday

## Tuesday

## Wednesday

(Vegetarian day)

## Thursday

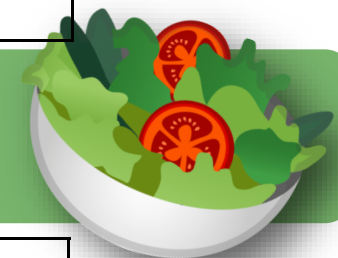
## Friday



Chicken Sausage with Cream Mush potatoes	Mexican chilli con carne with Rice	Cheese and tomato Pizza with pasta Salad	Beef stir fry noodles	battered fish finger with Oven chips
Vegetable Quorn Sausage Onion Gravy	Veggie chilli con carne	Vegetable mozzarella pasta baked	Cauliflower Tacos with salad	Keralan Spinach and feta Cheese Tart
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetable	Seasonal Vegetables



## Daily salads selection all week



Strawberry jelly	Homemade Cookies	Fresh fruit salad	Sticky toffee pudding	Peachy And custard
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit





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Masala Chicken  
Curry with Pilau  
Rice

Beef Casserole  
with Creamy  
Mash

Chefs Choice of  
Pasta

Jerk Chicken with  
Caribbean Rice  
and peas

Fish Cake with Oven  
Chips

Cauliflower and  
Chickpeas Curry  
with Nan Bread

macaroni cheese

Roasted  
butternut squash  
Couscous Salad

sweet potatoes  
with wholemeal  
fried rice

Home made  
Cheese and Onion  
Slice

Seasonal  
Vegetables

Seasonal  
Vegetables

Seasonal  
Vegetables

Seasonal  
Vegetables

Seasonal  
Vegetables



## Daily salads selection all week

Cinnamon and  
Apricot Yoghurt

Chocolate orange  
cake

Fresh fruit salad

Flapjack

Chefs Choice

Fresh fruit

Fresh fruit

Fresh fruit

Fresh fruit

Fresh fruit





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Spaghetti bolognise
Quiche of the Day
Seasonal Vegetables

Roast Chicken with Roasted Potatoes
Baked Vegetables Pasta
Seasonal Vegetables

Vegetables Casserole with Bulgur Salad
Mediterranean Falafel with Bean Wrap
Seasonal Vegetables

Beef Tagine with Couscous Royal
Sweet Potatoes with Pumpkin Tagine
Seasonal Vegetables

Crispy Battered Fish Fingers Oven Chips
Chefs Choice
Seasonal Vegetables



### Daily salads selection all week

Carrot Cake
Fresh fruit

Strawberry Jelly
Fresh fruit

Fresh fruit salad
Fresh fruit

Shortbread
Fresh fruit

Mix Berry yoghurt
Fresh fruit

